

County	Program Name	Program Description	Website	Contact Information
Prevention & Early Intervention (PEI)				
Stanislaus	RAIZ Promotores Mental Health Prevention Program	<p>RAIZ: The County defines RAIZ ("roots") as Realizando Alizanzas e Inspirando Sabiduría, which translates to "Creating Alliances and Inspiring Wisdom." RAIZ is a mental health prevention and well-being program developed by Promotores of Stanislaus County in collaboration with 13 Family Resource Centers (FRCs) and BHRS. Promotores and community health workers serve as true agents of change to create neighborhoods that promote wellness to reduce risk factors. Since they live in the communities they serve, they have a self interest in the results of community well-being projects. A Promotor plays a critical role in promoting prevention-focused and community-based behavioral health education and activities, particularly in communities historically underserved. A Promotor engages residents to promote behavioral health and well-being, build protective factors to reduce the risk for developing a potentially serious mental health condition, and link those who are experiencing early onset of serious mental illness to appropriate services.</p> <p>The purpose of the program is to prevent and reduce mental health stigma and discrimination for Latinos by strengthening natural communities of support, increasing the sense of belonging, improving well-being, and developing leadership. Promotores are the bridge between behavioral health care institutions, professional providers, and community residents.</p> <p>Airport Partnership - (209) 214-5883 Ceres/Keyes Partnership - (209) 541-0101 Denair/Hickman/Waterford - (209) 883-2027 or (209) 874-8450 Grayson/Westly FRC - (209) 690-3100 Hughson/Empire - (209) 883-2027 Newman/Crowslanding/Riverdale Park Tract/Monterey Park Tract - (209) 862-0295 North Modesto/Salida FRC - (209) 338-0279 Oakdale FSN - (209) 847-5121 Patterson FRC - (209) 690-3100 Riverbank OVHD - (209) 847-5121 South Modesto FRC - (209) 273-2280 Turlock FRC - (209) 668-6118 West Modesto PRC - (209) 549-8193</p>	www.stanbhersprevention.com	
Stanislaus	Golden Valley - Health Behavioral Health Integration	<p>Golden Valley Health Centers Behavioral Health Integration embeds mental health and behavioral health services within four of their primary care clinics that serve primarily unserved/underserved and cultural communities. Services include outreach, engagement, exam room visits, case management, psychiatric services, and individual and group counseling sessions for adults and children. *services for established patients only</p> <p>Ceres East: 1920 Memorial Dr. Ceres, CA 95307 Robertson Road: 1121 Hammond Street Modesto CA, 95351 Tenaya Drive: 2101 Tenaya Dr. Modesto CA, 95354 Turlock West: 1200 West Main St. Turlock, CA 95380</p>	https://www.gvhc.org/	Golden Valley Health Center Phone: 1-866-682-4842
Stanislaus	Golden Valley - Corner of Hope	<p>Golden Valley Corner of Hope is an outpatient clinic for the homeless population within Stanislaus County. Services include mental health treatment such as individual and group counseling, case management, and psychiatric services for adults, older adults, families, and youth who are experiencing homelessness. Corner of Hope is centrally located and in close proximity to the local homeless shelter and transit center for ease and convenience of the population served.</p>	https://www.gvhc.org/locations/modesto/modesto-corner-of-hope/	Corner of Hope 1130 6th Street Modesto, CA 95354 Phone: 1-866-682-4842
Stanislaus	Brief Intervention Counseling	<p>Brief Intervention Counseling (BIC) is short term, low intensity clinical counseling for the unserved/underserved community MHS priority populations throughout Stanislaus County. BIC is provided at no cost, linguistically appropriate counseling services, which include individual and group counseling. Short term services are 6-8 weeks, not to exceed 18 months, and low intensity meaning mild/moderate level of services.</p> <p>BIC programs are contracted in the following geographical areas: West and Central Modesto- Sierra Vista Child & Family Services (209) 492-9785 South Modesto- Sierra Vista Child & Family Services (209) 538-7111 Empire, Hughson, Keyes, Denair- Sierra Vista Child & Family Services (209) 883-2027 Oakdale, Riverbank, and Waterford - El Concilio (209) 523-2860 Patterson, Newman-Crowslanding, Westly and Grayson - Contact BHRS (209) 525-5315</p>	<p>www.stanbhersprevention.com</p> <p>https://www.sierravistacares.org/children-services</p> <p>www.elconcilio.org</p>	

Stanislaus	School Consultation BHRS School Consultation & CHS School Consultation and Behavioral Health Integration (SCBHI) Programs	<p>A consultation based approach to School Based Behavioral Health Services. Consultation is provided by clinicians to all levels of the school system. Services include individual and group brief intervention counseling with students; parent groups and meetings; teacher and school/district staff consultation and trainings; student groups and workshops. Consultation is provided in various school sites within unserved/underserved priority population communities within Stanislaus County.</p> <p>BHRS School Consultation Program: (209) 525-5315 Empire Union School District - Orville Wright Elementary (Airport District) within Modesto City Schools</p> <p>CHS School Consultation Behavioral Health Integration Program: (209) 526-1476 Newman-Crowslanding Unified School District Cunningham Elementary School (Turlock Unified School District)</p>	<p>www.stanbhrrsprevention.com</p> <p>www.centerforhumanservices.org</p>	
Stanislaus	Aggression Replacement Training (ART)	<p>The Aggression Replacement Curriculum (A.R.T.) uses an approach similar to Cognitive Based Therapy models combined with Social Learning Theory as a means to connect with and impact the decision making skills of youth to reduce aggression and impact school failure, drop out rates which in the long run will likely improve their chances of gaining meaningful employment and thereby reducing the odds of homelessness. Children who exhibit moderate or severe mental impairments are referred to the appropriate level of mental health intervention to reduce or aid in the recovery from mental illness which will help to reduce the suicide rates and likely other behavioral issues which could result in suspension, expulsion and possibly even incarceration.</p>	<p>www.stanbhrrsprevention.com</p>	<p>Prevention and Early Intervention 820 Scenic Drive, Bldg. K Modesto, CA 95350 Main: (209) 525-5315</p>
Stanislaus	CHS Resiliency and Prevention Program (RaPP)	<p>Resiliency and Prevention Program (RaPP) play an important role in creating avenues for students to access services through the School Behavioral Health Integration initiative as services are offered at the site where students are already rooted. Students participating in Wellbeing Circles through RaPP are building protective factors by taking part in check-ins within their classroom communities. Wellbeing circles are provided in both English and Spanish, allowing a Program Specialist to connect with and impact all students in each classroom. Wellbeing Circles, engage and identify at-risk students, and assist with referring at-risk students to mental health care. RaPP utilizes the mental health promotional materials and informs and trains staff and parents regarding suicide prevention and community resources that assist in reducing stigma and discrimination.</p>	<p>www.stanbhrrsprevention.com</p> <p>www.centerforhumanservices.org</p>	<p>Center for Human Services (209) 526-1476</p>
Stanislaus	Aging and Veteran Services-Brief Intervention Counseling	<p>Aging and Veterans Services (AVS) Brief Intervention Counseling (BIC) is short term, low intensity clinical counseling for the aging, elderly and veteran communities within Stanislaus County. AVS BIC is located within the AVS office, provided at no cost, and are linguistically appropriate counseling services. Services include individual and group counseling. Services are 6-8 weeks, not to exceed 18 months, and low intensity meaning mild/moderate level of services.</p>	<p>www.stanbhrrsprevention.com</p> <p>http://www.agingservices.info/</p>	<p>Aging and Veterans Services (209) 558-8698</p>
Stanislaus	Friendly Visitor	<p>Friendly Visitor volunteers visit with lonely seniors in the community, usually two times a month. They provide socialization and support to seniors who may not otherwise have any contact with anyone else. Activities may include reading together, taking walks, playing cards, or having coffee and conversation.</p>	<p>www.stanbhrrsprevention.com</p> <p>http://www.agingservices.info/</p>	<p>Aging and Veterans Services (209) 558-8698</p>
Stanislaus	Senior Peer Counseling	<p>Senior Peer Counselors are trained volunteer counselors who regularly visit older adults who have trouble overcoming difficulties or face significant change in their lives. Peer Counselors are senior citizens themselves. They attend an initial training supervised by a professional clinician and help connect seniors to services. They provide counseling and support to those experiencing emotional distress due to health problems, grief, loss of a loved one, depression, anxiety or other difficulties. These peers often share similar life experiences and offer comfort and understanding. The home visits are usually weekly and open-ended in duration. There is no fee for the service, which is for adults 60 years of age or older.</p>	<p>www.stanbhrrsprevention.com</p> <p>http://www.agingservices.info/</p>	<p>Aging and Veterans Services (209) 558-8698</p>
Stanislaus	Expanded Child Sexual Abuse Prevention and Early Intervention (ECSAPEI)	<p>BHRS has partnered with Parents United/Child Sexual Abuse Treatment Team to address the trauma associated with child sexual abuse. The program provides additional Spanish speaking programming for youth (children and transitional aged youth) and adults who were molested as children and establishes a 24-hour/7 day a week Warm Line for individuals and families affected by child sexual abuse. There is also a Peer Sponsorship program where volunteers provide support to families who have experienced child sexual abuse.</p>	<p>www.stanbhrrsprevention.com</p> <p>https://www.parents-united.net/</p>	<p>Parents United of Stanislaus County (209) 524-4858</p>
Stanislaus	Early Psychosis Intervention: LIFE Path	<p>LIFE Path is a program designed to provide Early Intervention services for 14 – 25 year-olds who have experienced initial symptoms of psychosis. The program provides intensive treatment for consumers, families, caregivers, and significant support persons. The services are tailored to meet the unique needs of each participant and may include screening and assessment, diagnosis, individual and family counseling, and crisis and relapse prevention. A primary goal is to support consumers in discovering their life path potential by decreasing the disabling effects from untreated psychosis.</p>	<p>www.stanbhrrsprevention.com</p> <p>https://www.sierravistacares.org/life-path</p>	<p>Sierra Vista LIFE Path (209) 312-9580</p>

Stanislaus	Friends are Good Medicine (FGM)	Friends are Good Medicine (FGM) is designed to be a resource and provide information and support to community self-help groups. The Friends are Good Medicine booklet is a well-known peer support resource in Stanislaus County. The information consists of hundreds of volunteer lead self-help groups county-wide. FGM promotes community-based self-help efforts in both the general and professional community. FGM continues to provide support and access to services to help family members of those with mental health issues.	http://www.friendsaregoodmedicine.com/peer-support-groups.shtml	Stanislaus Co. BHRS, PEI 820 Scenic Drive, Bldg. K Modesto, CA 95350 Main: (209) 525-5315
Stanislaus	In Our Own Voice (IOOV)	In Our Own Voice (IOOV) is a unique public education program developed by NAMI in which two trained consumer speakers share compelling personal stories about living with mental illness and achieving recovery. IOOV is an opportunity for those who have struggled with mental illness to gain confidence and to share their individual experiences of recovery and transformation.	https://www.nami.org/Support-Education/Mental-Health-Education/NAMI-In-Our-Own-Voice	NAMI (209) 558-4555
Stanislaus	Ending the Silence	Ending the Silence is a mental health awareness educational program for high school students. The program highlights anti-stigma and suicide prevention efforts. This program, run by the National Alliance on Mental Illness (NAMI) Stanislaus chapter, is designed to introduce students the facts about mental illness. It includes a power point education presentation about the facts of mental illness, anti-stigma information, and suicide prevention. A hand-out entitled, "How to Help a Friend," is included which highlights the symptoms of mental illness in youth.	https://www.nami.org/Support-Education/Mental-Health-Education/NAMI-Ending-the-Silence	NAMI (209) 558-4555
Stanislaus	Afghan Path Towards Wellness	The International Rescue Committee, Inc. (IRC) provides Prevention and Early Intervention services through Afghan Path Towards Wellness (APTW) program - a culturally and linguistically responsive, gender-informed, health and well-being, community adjustment program that employs screenings for emotional distress and managed referrals to behavioral health services. Services will target resettled refugee and special immigrant Visa (SIV) holder adult women from Afghanistan.	www.rescue.org/united-states/turlock-ca	International Rescue Committee (209) 667-2378
Stanislaus	Youth Assessment Center (YAC)	The Youth Assessment Center (YAC) project is a joint three-year pilot project partnership with Stanislaus County Behavioral Health and Recovery Services Prevention and Early Intervention, Stanislaus County Juvenile Probation Department, and Sierra Vista Child & Family Services Family Resource Center. The project goal is to engage identified youth from targeted communities (specifically South and West Modesto) who are involved in the juvenile justice system with low criminal offenses, and to prevent youth and their families from formally entering into the justice system by providing effective, community-based prevention services.		Sierra Vista (209) 492-9785